

# Clackamas County Parenting Education and Resource Guide

Compiled by the Clackamas County Commission on Children and Families



## Camp Fire USA Mt. Hood Council

### Parent Services Program

Free parenting classes & workshops for Clackamas County families, Spanish speaking parents and fathers.

For more information call:  
503-656-2530 ext. 34

## Canby School District

Parent resources and support.

Contact Tammy Myer: 503-266-0040

## Center for Family Success

Parenting classes and other family support services including Parents Anonymous

For more information call: 503-286-0600  
Or email: [info@childrensjusticealliance.org](mailto:info@childrensjusticealliance.org)



## Clackamas County Mental Health

### The Incredible Years

Free educational program for parents with children ages 2-12

Contact Colette: 503-722-6584  
Or Alison: 503-722-6821

## Clackamas Education Service District

Find out about eligibility, support and screening of children with possible developmental issues, contact; [www.clackesd.k12.or.us](http://www.clackesd.k12.or.us)  
503-675-4000

## Clackamas Women's Services

### Children's Support Group

For children 7-11 years who have experienced family violence.

Contact Melissa Erlbaum: 503-654-2807  
ext.309

## Child Care Resource & Referral

Information and education on multiple topics for child care providers and parents.

Contact CCRR at 503-675-4100

## Children's Center of Clackamas County

### Sex Abuse Prevention

Conducts presentations and training on preventing sex abuse.

Contact: 503-655-7725  
[www.childrenscenter.cc](http://www.childrenscenter.cc)

## DePaul Treatment Centers

Drug and alcohol addiction treatment services for both adult and youth.

For more information call: 503-535-1151  
[www.depaultreatmentcenters.org/programs](http://www.depaultreatmentcenters.org/programs)

## Family Empowerment Program

Help parents change their child's negative behavior while building better relationships with their children. Emphasis placed on the importance of teaching parents how to regain their child's respect while increasing the child's responsible behavior.

For more information call: 503-853-6843  
[www.tim-obrien.com](http://www.tim-obrien.com)

## Gladstone School District

Parenting series offered each spring.

Contact: 503-655-2777

## Healthy Start

### Parent Support/Education

Free home visits, information and referral for first-time parents.

Contact: 503-546-6533

### Playgroups

Free for all families with children ages birth-5 years Contact: 503-655-8601

## Lake Oswego School District

### Raising Minds

Help parents recognize and take advantage of teachable moments with their children.

[www.loswego.k12.or.us/programs](http://www.loswego.k12.or.us/programs)  
Call to register: 503-534-2000

## Legacy Health System

### Family Life and Parenting Classes

Parent/child communication, children with AD/HD, youth aggression.

Catalogue available at:  
[www.legacyhealth.org/calendar](http://www.legacyhealth.org/calendar)  
Call to register: 503-335-3500

## Love and Logic Parent Education

Successful parenting strategies, classes, books, and other media

Visit: [www.loveandlogic.com](http://www.loveandlogic.com)  
For class locations near you call: 1-800-338-4065

## Morrison's Parents Anonymous of Oregon

Free weekly support groups improve parenting, child management and disciplinary skills, communication, etc.

For more information call: 503-258-4557

## North Clackamas School District

### Parent Institute

Free, one-day-long conference to help parents aid their child's learning ability, build confidence, and success at school

Contact Leslie: 503-353-6018

## Northwest Early Childhood Institute

Offers pediatric assessment, consultation, and support to families with children who have behavioral/developmental issues, and specialized services to families with Autistic children.

For more information call: 503-228-6479  
[www.nweci.org](http://www.nweci.org)

## Options Counseling Services of Oregon

### Make Parenting a Pleasure

Parenting skills, stress management, appropriate discipline, support.

Contact Kelly: 503-975-8381

## Oregon PTA

Local schools have Parent Teacher Associations.  
[www.pta.org](http://www.pta.org)

## Providence Health System

### Parenting Education

Childbirth, breastfeeding, newborn care, new mom support, etc..

For more information call: 503-574-6595  
Or visit: [www.providence.org/classes](http://www.providence.org/classes)

## Todos Juntos

### Guiding Good Choices

Parent/child communication, setting standards, coping with peer pressure, anger management.

For classes in your area contact Cheri Faulhaber: 503-756-0818

## Willamette Falls Hospital

### Parent/Young Child Program

Parenting classes for parents of newborns through age 3.

Call 503-723-6555 or 503-657-6919  
[www.willamettefallshospital.org](http://www.willamettefallshospital.org)

