



BUILDING PARTNERSHIPS FOR
OLDER ADULT BEHAVIORAL HEALTH

Year in Review

OLDER ADULT BEHAVIORAL HEALTH INITIATIVE – REGIONAL TEAM – FY 2015-16

COORDINATION

Spoke with over **130** stakeholders to learn about gaps, challenges and successes in the region when it comes to bridging behavioral health and aging services.

Held **4** focus groups with community members to ensure their perspective is incorporated into program development.

Completed a needs assessment in each of the three counties outlining current services, areas for improvements, training needs, and pilot program ideas. Produced report with the stakeholder interview findings and developed policy and program recommendations to improve access to care.

Established ongoing events to build a strong network of stakeholders and provide a platform for workforce development in the areas of behavioral health and aging.

TRAINING

Created several training curriculum covering subjects like anxiety, depression, severe mental illness, substance use disorders, aging, and accessing services and supports.

Hosted or led **67** trainings in such topics as: older adult behavioral health needs, effective communication with older adults, navigating systems of care, substance use disorders and older adults, Alzheimer's and dementia, hoarding disorder, and assessing capacity and screening for cognition.

Hosted or participated in **11** community events for older adults

Trained **180** people in Mental Health First Aid

COMPLEX CASE ASSISTANCE

Participated in **287** complex case consults with services providers from a wide variety of fields.

Tracked data and produced report on all complex cases to note trends and inform plans for systems improvement.



For more information or questions contact
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Highlights

Clackamas County

Established a **Multidisciplinary Team** to support clients with complex needs. The team consists of staff from APD, Behavioral Health, Social Services, IDD, state guardianship office, Clackamas County BH medical director, and others, as invited. The meeting convenes one time per month to talk about best ways to navigate systems, improve collaboration, and assist with complex cases.

Hosted an Aging, Disability, Social Services and Health Systems **Summit** with over 80 attendees to learn about services in the county and how to work across systems to better serve clients with complex needs.

Built strong **relationships with APD** and is available in each APD office once a month for case consultations.

Highlights

Multnomah County

Established quarterly **Connection** events that bring together many different agencies and programs to network and share skills and information on aging and behavioral health issues.

Coordinated a **Spring Training Series** that had a combined attendance of over 300, and provided training on **Substance Use Disorder and Older Adults** to over 280 professionals and volunteer staff.

Planned and hosted a **Coordinate of Care Retreat** to break down the silos and integrate the work across divisions that supports clients, and ongoing participating in MDT and other complex case staff meetings.

Highlights

Washington County

Hosted an Aging, Disability, Social Services and Health Systems **Summit** and implemented follow-up **learning sessions** to provide networking and trainings opportunities.

Built strong **relationships with APD** and is available in each APD office for complex case consults once a month.

Formed **Dementia Taskforce** with representation from 13 community partners to respond to the emerging crisis needs in the community.

Participates in Suicide Prevention Council and Fatality Review Board, Washington County Emergency Mental Health Workgroup, Residential and Rehab Consortium meetings, DAVS communications meeting, and Community Health Improvement Plan meetings.